By The Numbers - FY 2019

16,542
students used services at CSU Health Network

103,552
total student encounters

6.3
average encounters per student served

50.9% (14,601)
of all students used Medical Services

14.4% (4,413)
of all students used both Medical and Counseling Services

21.2% (6,084)
of all students used Counseling Services

(FY2019 enrollment = 28,679)

88% of students surveyed felt carefully listened to by their provider.

93% of students surveyed are highly satisfied with services received.

In the last 5 years:
34% increase in students served by Counseling Services and 13% increase in students served by Psychiatry Services compared to 6% increase in CSU resident instruction enrollment.

Health Education and Prevention Services (HEPS)

47,468 prescriptions filled
31,521 laboratory tests
14,960 general medical encounters
11,980 acute care encounters
8,757 psychiatry encounters
8,271 women’s & gender care encounters
7,622 immunizations allergy & asthma encounters
7,574 physical therapy, orthopedics & massage encounters
1,955 radiology exams
1,889 optometry encounters
1,230 dental encounters
319 nutrition care for disordered eating encounters

Counseling Services

5,589 students served
29,629 appointments
(includes individuals, couples, groups and workshops)

Drugs, Alcohol and You (DAY) program
1,021 students served
(3,284 appointments)

Post-Hospitalization Support (iTEAM)
197 student intakes

5,588 appointments
(behavioral health, after-hours/emergency counselor, office or phone screening)

Student Insurance

5,468 students enrolled in CSU Student Health Insurance Plan (SHIP)
1,183 students enrolled in RamCare Supplement Program

Health Education and Prevention Services (HEPS)

48,465 logins to YOU@CSU student success portal.
53% increase from FY18.

5,243 incoming first-year students participated in psychosocial mindset intervention during Ram Orientation known to cultivate persistence and retention.

CSU implemented a tobacco-free campus policy, known to reduce secondhand smoke/vape exposure and to support quitting, reducing use, and never starting.

4,099 served through mental health, resiliency and well-being outreach, including Notice and Respond suicide prevention trainings.

5,008 new students completed AlcoholEdu online module.

7,079 students completed Understanding Sexual Assault for Undergraduates online module.

3,671 completed Transit Financial Wellness online module.

47,199 condoms distributed.

10,789 students reached through CREWS peer education programming.

648 STI tests were provided during the Get Yourself Tested (GYT) campaign.
19% increase from FY18.

Implemented Rams Fail Forward campaign to normalize, learn from and recover from failure.

191 Spiritual Care appointments.
41% increase from FY18.

Students: 39 employees 10.5 FTEs
HEPS: 11 employees 9.5 FTEs
Admin & Business Services: 53 employees 45 FTEs
Counseling: 79 employees 59.5 FTEs

281 total employees
190.5 FTEs

54 student leaders involved in Student Health Advisory Council (SHAC), Creating Respect and Educating Wellness for and by Students (CREWS), Active Minds, and other programs.

Updated 7/30/19