

Growth vs. Fixed mindset in the context of

FAILURE

Failing is an action.

Being a failure is a mindset.

"I screwed up."

"I'm a screwup."

"Failure is an opportunity to learn and grow."

"Failure is the limit of my abilities."

"Failure is temporary and part of the journey."

"Failure is permanent and the end of the journey."

"I'll keep trying."

"I give up."

"I embrace challenges, even if I might fail."

"I don't like challenges because I'm afraid to fail."

"I failed because I'm human."

"I failed because I'm not good enough."

"Failure shows that I'm pushing myself to do my best."

"Failure shows that I'm inadequate."

