

## **Sydney Health makes** healthcare easier

Anthem's app provides answers and support in the way that works best for you

The Sydney<sup>SM</sup> Health app gives you one convenient place to keep track of your Anthem health plan and your health, in the way that works best for you. Sydney makes it easy to find care, look up information about benefits and claims, and track your progress toward health goals.

## With Sydney Health, you can:

- · View and use your digital ID card.
- · Check costs and find a doctor near you.
- Connect with a Student Support Specialist by live chat or phone.
- Use the handy symptom checker.
- · Access your medical and dental benefits and claims.
- Find mental health and well-being resources.

Sydney Health keeps your health and your health benefits within reach every day.



## **Start using Sydney Health today\***

Download the app or scan this QR code with your phone's camera. Then register using your student ID number.







\* You must be enrolled in Anthem Student Advantage to download the Sydney Health app.

In addition to using a telehealth service, you can receive in-person or virtual care from your own doctor or another healthcare provider in your plan's network. If you receive care from a doctor or healthcare provider not in your plan's network, your share of the costs may be higher. You may also receive a bill for any charges not covered by your health plan.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2023 The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem.com/co/networkaccess. In Commecticut: Anthem Health Plans, in. e. in Bengia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Member Health Plans of Kentucky, Inc. In Malne: Anthem Health Plans of Kentucky, Inc. In Malne: Anthem Health Plans of Kentucky and HMO benefits underwritten by HAUC an